

St. Andrews Scots Sr. Sec. School

9th Avenue, I.P. Extension, Patparganj, Delhi- 92

EVS Revision Worksheet 5

Session: 2025-2026

Class: II

Ques 1- Answer the following question.

1. Why should we take proper rest?
2. Write any two good habits which keep us fit and healthy.

Ques 2- Make a web chart of our helpers.

